

We used our

VOICES.

Powerful Voices 2006 ANNUAL REPORT

Our

Our Mission Powerful Voices fosters adolescent girls' development by providing programs and promoting social justice so girls can realize their dreams, engage their communities and shape a better world.

Our Vision All girls live healthy, personally meaningful lives in a society that values them.

For over a decade, Powerful Voices has been providing innovative evidence-based programs in public middle schools and in and out of the juvenile justice system.

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Instructional Coordinator

Tyler Bosma
Office Manager

A'yana Carroll
CPE/DYVAS Coordinator

Melissa Collett
Luncheon Coordinator (2006)

Katrina Davis
Instructional Coordinator (2006)

Julie Edsforth
Executive Director (2006)

Nanette Fok
Grant Writer

Georgena Frazier
JustServe AmeriCorps (2006)

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Interim Director of
Development (2006)

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Associate Director

Angela Powell
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Girls RAP & Health Instructor

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Sarah Walczyk
Director of Development & Marketing

Blak Washington
Youth Advocate

Kobi Wilson
Development Assistant

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Purpose...

We believe all girls deserve

opportunities to grow into strong women. We recognize that many girls face adolescence without resources to help them grow and thrive. We work in public middle schools and within the juvenile justice system—places where girls benefit from our unique, positive, all-girl programs.

Our work has lasting impact,

particularly when sustained by parents, mentors and older peers who offer guidance and support. Girls learn to stand up and face the challenges they will encounter and gain skills to create a world that they want to live in.

By focusing on girls' strengths,

helping girls to define their personal goals and introducing them to new and challenging concepts of opportunity, quality, and responsibility. Powerful Voices supports girls to build strong lives and strong communities.

Interns

Jennifer Moore
Delcia Hoge
Marie Goines
Ashleigh Flowers
Gardenia Vivas Jimenez
Sorrell Berger
Marie Goines

Youth Leaders

Jenise Hill
Sumaiya Johnson
Teasha Karell
Lanisha Secrest
RoseAnne McAleese
Gabby Schoof
Mika Smith

Community Partners

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Amara Parenting & Adoption Services
Asian Counseling & Referral Service
Asian Pacific Directors Coalition
City of Seattle—Team For Youth Consortium
City of Seattle—Youth Employment Program
Communities Against Rape & Abuse
Community Coalition for Environmental Justice
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Hamilton International Middle School
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Minority Executive Directors Coalition
Northwest Girls Coalition

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Operation Sacklunch
Reinvesting In Youth
Renton Area Youth and Family Services
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Women's Funding Alliance Federation
Youth in Focus
Youth Speaks
YouthCare Orion Center



In June 2006 we honored the transition of one of our founders, **Julie Edsforth**, to that of Founder Emerita. More than 150 guests—current and past staff, board, girls, community members and funders—attended her **Legacy** Event at Zoomazium. Gratitude for Julie's dedication to effect change in the **lives of girls** in her community was best expressed by the many handwritten notes compiled in a 'memory book' presented to her that evening. Thank you, Julie. We look forward to your future involvement at Powerful Voices.



Dear Friends, Powerful Voices is a community based organization that has served thousands of middle and high school girls since its inception in 1995. In 2006 we increased our capacity to work with over 500 girls in the Seattle-King County region, 85% being youth of color. This is an incredible 25% increase in total youth served from 2005. Our programs and community impact have proven steadfast through tremendous growth and transition.

Early in the year after thoughtful consideration, Julie Edsforth announced her resignation to the board and staff and later to our constituents. As a well-respected cofounder and Executive Director, the outpouring of love during Julie's departure was heartfelt throughout the community. Internally, our board and staff prepared for this major transition. In September, Powerful Voices entered a new phase as we announced the hiring of our first full-time Executive Director, Tanya Kim.

We are proud to share that Powerful Voices has continued to thrive throughout 2006. We resumed our **strategic planning** process under the lens of social justice. **Program expansion** occurred in both STAGES and Girls RAP to serve more girls for a longer period of time. Our board was successful in **recruiting diverse community members**. And our **donor partnerships** and **financial health** strengthened our ability to provide programs and dream.

On behalf of Powerful Voices, it is our honor to present our 2006 annual report detailing our many achievements. Thank you for your continued partnership and investment in the health and well-being of girls throughout our communities.

Sincerely,



Tanya Kim
Executive Director



Peggy O'Reilly Brown
Board President

at our core

HOW WE WORK WITH GIRLS

View Safe Space Through Girls' Eyes. By setting aside the lens we, as adults, use to define safe space, we discover the lens a girl uses to define safe space for herself.

"She sensed our common ground and that helped create a safe space for her to share herself."

Mutual Learning. We are able to break down power differentials in adult/youth relationships by showing honesty, vulnerability and authenticity to the girls

"I typically would never ask a girl to do or say anything that I myself wouldn't do or say."

Wholeness and Integrating a Critical Lens. We support expression that resonates with each girl's deepest values. Integrating a critical lens means girls critically think about the ways societal constructs and power dynamics influence their lives.

"We did a project in which girls wrote about the 'feeling' parts of themselves to create a snapshot of the whole self."

Taking Leadership Personally: exposing girls to the individual ways in which they use their strengths as leaders

"Having adults step out of leadership works when we are explicit about what we expect of the girls and what they should expect of each other."

Broadening Relational Support. We ensure follow up connections with experiences, resources and enrichment that build upon what the girls learned in our program

"The skills she uses are applicable to real life. help her map out her options and make informed decisions about present and future impacts."





Powerful Voices provides two main programs that empower adolescent girls:

STAGES and

STAGES

Strength Through All-Girl Education and Support is a progressive intervention program serving girls in or at great risk of entering the juvenile detention system. In the first stage of the program, girls can come together in our in-detention workshops to learn about new ways of thinking about personal health and development. We offer these workshops three times a week, year round. Girls can also join a weekly group with peers during the academic year to gain skills and knowledge, develop healthy peer relationships and participate in service projects through Community Peer Education. In partnership with Seattle Team For Youth, girls have access to individualized youth advocacy/case management services year-round. We also have an intensive summer program for girls to gain employment skills, deepen community involvement and retrieve academic credit called DYVAS (Develop Your Voice and Speak).

2006 STAGES Highlights:

- Launched an intensive Referral Support Services as a component of our In-Detention program which lead to an increase in our outside partnerships and service connections for girls.
- Youth advocacy happened for the first full-year creating stronger school & community partnerships, including more home visits with parents/guardians.
- Community Peer Education Program girls presented at a national tobacco prevention conference in April 2006, sharing a creative response to addiction issues in the form of a dramatic presentation to hundreds of addiction prevention professionals.
- A Seven-week summer employment program girls explored photography, community service, an overnight trip to the beach to explore environmental issues and career workshops. The program culminated in end-of-summer events attended by more than 50 supporters!



and Girls RAP!



Girls RAP

Rights! Action! Power! is an after-school program where diverse groups of girls at three Seattle public middle schools meet weekly and work to discuss topics that affect girls' lives: media literacy, sexism, community activism and more. Groups support girls to build critical thinking skills, gain confidence, respect, and engage with school communities. One-on-one time with an adult mentor supports girls to grow and transfer skills to other areas of their lives. At our school-based class at an additional middle school girls retrieve academic credit and gain knowledge about their bodies, healthy relationships, social justice, dangers of addictions and more. In the summer girls from all four schools participate in a three-week leadership and educational day camp. Program components include: outreach and support for parents and guardians; workshops to educate school personnel about girls' needs; and a portable girls' health curriculum to reach girls in other middle schools.

2006 Girls RAP Highlights

- Took thought-provoking field trips to see Gloria Steinem, Dr. Joy De Gruy-Leary, Nobel Peace Prize winner Wangari Maathai and the restoration efforts in the Woodland Park Zoo's Asian Rain Forest.
- Hosted a three-school event to showcase girls' projects related to media literacy, activism and creating positive girl culture.
- Initiated successful new partnership and launched girls' health class Powerful Choices at Aki Kurose Middle School.
- Offered a three-week summer program, Change Yourself, Change the World, in which girls explored dance, yoga, Capoeira Angola, nutrition, race issues, community service and media literacy.
- Provided new parent engagement & school outreach activities: quarterly newsletters, in-school displays, field trips and invitations to integral school staff to PV-hosted events.



We find that a ‘powerful voice’ constructs for a girl in our program (relative to her safety), the power she personally possesses and uses, the positive girl culture that

surrounds her, opportunities for activism and meaningful adult guidance. We evaluate our programs by tracking ways girls sustain or benefit in these core areas. From 2006 surveys and case studies we find:

- Personal power, activism and positive girl culture—core leadership development areas— intersect in a unique way for each girl we meet;
- Goals/values exploration, communication and self-advocacy skills build alongside critical thinking skills to transform the value and respect girls have for themselves and one another;
- Program staff guides healthy development by setting a tone of emotional safety in the group and one-on-one experiences, sparking girls’ ability to create a positive girl culture of their own; working one-on-one to tailor their next developmental experiences.

Girls tell us this about their program involvement

Respectful Girl Culture—

- 90% report that Girls RAP operates within a climate of respect.
- 95% of girls say they had a positive experience with other girls in the STAGES workshop.

Activism & Girls Working Together for Change—

- 85% say they would like to be in another group like Girls RAP in the future and 80% report they think it’s important for girls and women to work together if we want things to change.

Adult Guidance in our Programs—

- 95% feel that Girls RAP adult leaders follow through with commitments; 75% report they talk to their parents/guardians about topics from Girls RAP
- 95% of STAGES sexual decision-making workshop participants say the workshop made them more comfortable going to the teen clinics for birth control or to get an STD check.

A note about our Impacts: These 2006 impacts reflect the deeper thinking we’re doing about outcomes: how can we combine measuring aggregate indicators with measuring what success looks like for individual girls? How can we harness our new database’s ability to track demographic data to better understand girls in our programs? How can we share what we learn within the systems we work, which do not tend to collect gender/race/class-specific data?



ORGANIZATIONAL REPORT CARD:

2006 OVERVIEW:

379 incarcerated girls participated in integrated health workshops, 89 of these attended PV-sponsored assemblies, and 79 received referrals to follow-up services;

74 high school-aged girls met regularly with our case manager/youth advocate

8 high school-aged girls participated in our newly launched weekly Community Peer Education group;

10 weeks of summer programming for middle and high school-age girls;

73 middle school girls participated in our after-school groups at our three sites. For these girls a total of 44 links to follow-up services and other enrichment opportunities were made. Of these girls 39 met one-on-one with a mentor;

28 Aki Kurose middle school girls participated in *Powerful Choices*—our newly piloted girls health class;

32 girls participated in our Alumae Program, 4 of these are serving as a teen leader at a school site, interning at the PV office and/or helping facilitate the Alumae Program;

100+ parents became more engaged in supporting girls' program involvement by joining their daughters on program field trips, attending program events, receiving informational newsletters and home visits from staff.

FOR THE VERY FIRST TIME WE:

- Served more than 500 individual girls in a single year;
- Represented our work internationally at the Seoul Women's Foundation International Symposium on Girls Leadership Development in Seoul, South Korea;
- Received media coverage from the Puget Sound Business Journal, Colors NW Magazine, Seattle PI and KEXP 90.3, and the nationally syndicated Chronicle of Philanthropy.
- Installed display cases in schools to prompt critical thinking & dialogue amongst the students, teachers and staff at the schools about the media portrayal of girls;
- Added a new program evaluation database and survey tool.

Visit www.powerfulvoices.org for the more information on how you can support the girls in our community.

“Thank you for allowing and helping my daughter to be open and growing in knowing who she is and will be.”

—a DYVAS parent



Our Financial Health

Statement of Income and Expense

Income	
Government Grants & Contracts	17%
Corporate Grants & Sponsorships	10%
Foundation Grants	38%
Individual Donations	35%
Expenditures	
Administrative Expenses	20%
Fundraising Expenses	9%
Program Expenses	71%

Statement of Financial Position

Assets	
Cash	\$164,602
Promise to Give & Receivables	\$29,784
Fixed Assets	\$29,381
Total Assets	\$223,767
Liabilities	
Equity	\$8,644
Total Liabilities and Equity	\$215,123

be involved

You can help girls become strong women! Make a difference in the lives of girls and young women through Powerful Voices.

Your contribution is needed to ensure that our innovative programs continue to serve the girls who need them most.

Donate. We rely on the generosity of individuals, corporations and foundations to support the work we do. Make a financial or in-kind contribution to Powerful Voices and/or inform us of grant opportunities. We also appreciate planned giving and bequests. Please give us a call for more information 206-860-1026 x206. Use can also use the envelope enclosed or easy online giving at www.powerfulvoices.org.

Attend an Event. Celebrate the girls' accomplishments: attend the Girls RAP end of year events in the spring, the STAGES DYVAS celebration in the summer and/or our annual Luncheon in the fall.

Join our Mailing List. The best way to continue to hear our girls voices.

Volunteer. Your time is the most valuable thing you have to give. Spend time with a girl in your life and have a one-of-a kind experience.



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